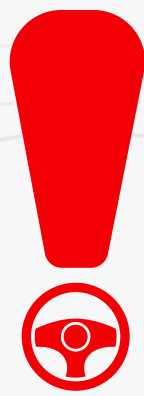




IS TECHNOLOGY
**DISTRACTING
YOUR DRIVING?**

77%

of drivers make
or take calls
while driving.

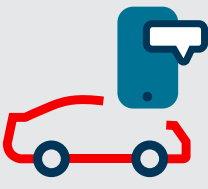


31%

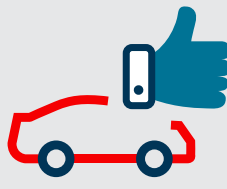
of drivers say
they've had a near-
miss crash because
of distracted driving.

Are you a **distracted driver?**

**THE 3 BIGGEST TECH-RELATED
DISTRACTIONS ARE:**



Taking or
making calls



Engaging on
social media



Using GPS
maps/navigation

**AMONG THE DANGEROUS
BEHAVIORS DRIVERS ACKNOWLEDGE:**



44%

are texting or emailing



23%

are using social media



22%

are recording videos
or taking photos



15%

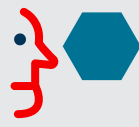
are shopping online

WHAT CAN YOU DO?



Stop notifications

Set your phone to Do Not Disturb
while driving. Only **12%** say they do.



Speak up

54% of drivers say they'd likely stop
distracted driving if asked by a passenger.



Make a pact

Join the **21%** of families who have
signed a Distracted Driving contract.



LEARN MORE ABOUT the Travelers Risk Index
and about techniques you can use to reduce
distracted driving behaviors.

VISIT travelers.com/RiskIndex

